



## Join us for a **FREE** webinar to help teens apply for **Adult Medicaid** using the new **Transition-Aged Youth Guide**

Noon, MDT (11 a.m. PDT), Wednesday, Aug. 3, 2022



Optum Idaho is pleased to announce a free webinar to introduce a new resource for educators, social services specialists, volunteers and other community partners working with at-risk Idaho youth to help them ensure continuing Medicaid mental health support when they turn 18.

Join us to learn more about Optum Idaho's new Transition-Aged Youth (TAY) guide, now available free in both electronic and paper format – and in Spanish. This guide is intended and written specifically for Idaho youth ages 17-18 years old who are moving from youth Medicaid behavioral health services into adult Medicaid behavioral health services, or any youth moving into adulthood.

The TAY guide provides information specific to Idaho youth, including:

- Resources and support when the youth is ready to apply for adult Medicaid
- Regional Medicaid contact information
- Behavioral health services
- Early Periodic Screening, Diagnostic and Treatment (EPSDT) process
- How to find a provider and questions for the youth to ask the provider
- The importance of self-advocacy, goal-setting and tools for youth to use

Please use this [link](#) to sign up for the free webinar on Wednesday, Aug. 3, 2022 from 12-12:30 p.m. MT via Microsoft Teams (download not required, join via your Internet browser). A reminder for the webinar will be sent from [optum.idaho.education@optum.com](mailto:optum.idaho.education@optum.com) the day before the webinar, so look for that in your email. If you have any questions, please contact the Optum Idaho Education team at [optum.idaho.education@optum.com](mailto:optum.idaho.education@optum.com).

For more information about using Microsoft Teams virtual meeting software, Click [here](#) (this will be a PDF with the Teams login options that may help participants when logging in).

Thank you,

The Optum Idaho Education team