

Below is a resource list of evidence-based practices (EBPs) that have shown efficacy in treating ADHD in children and adolescents. This list also includes resources to increase skills and knowledge about relevant topics.

<b>Resource</b>	<b>Cost</b> (subject to change)	<b>Age Range</b>	<b>Delivery/ Link</b>
ADHD: Diagnosis and Treatment	Free	All	<a href="#">Relias</a>
CHADD – The National Resource on ADHD	Free	All	<a href="#">Webinars and Resources</a>
Cognitive-Behavioral Therapy for Impulsive Children	\$23	3-12 years	<a href="#">Book</a>
Mentalization-Based Treatment for Children: A Time-Limited Approach	\$70	5-12 years	<a href="#">Book</a>
Understanding ADHD for the Paraprofessional	Free	All	<a href="#">Relias</a>