



PROVIDER ALERT

YOUTH SUPPORT Community of Practice

January 31, 2020

Alert Summary: This alert details the ongoing Youth Support Community of Practice, an online community for Youth Support providers to learn, share, discuss, and connect with other Youth Support providers.

Dear Provider,

We invite you to join Optum's Youth Support Community of Practice— an online community and gathering place to participate in discussions, share insights, ask questions, address challenges, share progress, and engage in ongoing learning around Youth Support while connecting with other Youth Support providers.

Facilitated by Diane Johnson, Optum's Regional Recovery & Resiliency Manager, Optum Idaho's Education and Training team, and guests, these sessions will take place once a month. Attend every month or attend as often as you are able— you decide.

Schedule: We meet on the third WEDNESDAY of every month **11:00am – 12:00pm**, with our next meeting taking place on **February 19th, 2020**.

Location: Our meetings take place via WebEx. Joining online from your computer provides the best experience, but you can also join by phone.

Upcoming topics:

February Developing your de-escalation toolbox: have the tools handy to help resolve a conflict situation should it arise.

March A featured speaker from the State of Idaho will join us to speak about a topic you suggested in January and February Community of Practice sessions— and you'll have an opportunity to share tools you've found helpful in being a Youth Support provider so far.

... and any questions, suggestions, or interests you would like to discuss!

How to Register

For more information and to register, please visit optumidaho.com > For Network Providers > [Provider Trainings](#).

** Once you register, you will be provided with the link to join each WebEx training and will be given access to all session recordings.*

Do you find yourself asking “What is a Community of Practice & Why Should I Join One?” If so, read on below.

In short, “Communities of practice are groups of people who share a concern or a passion for something they do and who interact regularly to learn how to do it better. It is much more than a network. It is defined by a shared domain of interest and a spirit of shared practice. Members value one another and learn from one another through joint activities and discussions.

The purpose of a Community of Practice is to provide a forum for practitioners to share tips and best practices, ask questions of their colleagues, and provide support for each other. Most importantly, [providers] can develop an ample repertoire of resources via their shared experiences, stories, tools and ways of addressing recurring problems”. (*Team Coaching International, April 26, 2019*)

Thank you,
The Optum Idaho Team